

# connexions

Centre de ressources • Resource Centre

**Connexions, in collaboration with the des Collines Seniors Round Table and Seniors Action Québec, are pleased to invite seniors and caregivers to an important FREE event!!!**

**Please join us on Friday, December 4, 2015 from 10:30 AM to 2:30 PM at the Luskville Community Centre, 2024, route 148, Luskville, QC.**

## **PROGRAM:**

**10:30 AM – 12:00 PM** - We want to hear what your **Number 1** priority is in your community. This interactive focus group, facilitated by Joanne Pocock, PhD researcher, will provide you with the opportunity to express your needs and vision that best supports you as an active and valued member of your community.

**12:00 PM – 1:00 PM** Free light lunch

**1:00 PM – 2:30 PM** - Please join us for the video **Forgetful, Not Forgotten: Alzheimer's and Caregiving**, a video by Chris Wynn, Canadian documentary filmmaker, speaking from the heart about his journey with his late father with Alzheimer's disease. A question and answer period will follow the video.



**SENIORS  
ACTION  
QUÉBEC**

**Please RSVP as space is limited at (819) 777-3206 or [info@centreconnexions.org](mailto:info@centreconnexions.org).**

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**819-777-3206 • [info@centreconnexions.org](mailto:info@centreconnexions.org)**